



U.D.M.I.
UNIVERSITY DIAGNOSTIC MEDICAL IMAGING, P.C.

BIOPSY AFTERCARE INSTRUCTIONS

Do NOT shower or bathe until you remove the gauze dressing the next day. At that time, remove the gauze dressing, leaving the Steri-Strip (tape); allow it to come off by itself. You may bathe or shower with the tape in place. If it comes off, it does not need to be replaced.

You will probably have mild discomfort and you may have a small amount of bruising where the needle entered the skin. This should resolve in 3-5 days.

If you need to take something for discomfort you may take Tylenol: Do not take aspirin or ibuprofen (Advil, Nuprin, Motrin, etc.).

Do not participate in strenuous activities for 48 hours; i.e., tennis, aerobics, weight lifting, skiing, etc.

If you notice excessive pain (10/10), swelling, redness, bleeding, or heat at the biopsy site, or feel faint, dizzy or short of breath, please contact our office at 718-931-5620 during our normal office hours. If a problem arises after 5:00 pm, you may call Dr. Bernstein at 631-220-8824 - for emergencies only. If the office is closed or you cannot contact the doctor and need further medical attention, go to the nearest emergency room to be evaluated.