



U.D.M.I.
UNIVERSITY DIAGNOSTIC MEDICAL IMAGING, P.C.

BREAST BIOPSY AFTERCARE INSTRUCTIONS

After arriving home you may place an ice pack inside your bra, on top of the dressing until bedtime.

Do not shower or bathe until you remove the gauze dressing the next day. At that time remove the gauze dressing, leaving the Steri-Strip (tape); allow it to come off by itself. You may bathe or shower with the tape in place. If it comes off, it does not need to be replaced.

You will probably have mild discomfort and you may have a small amount of bruising where the needle entered the skin. This should resolve in 3-5 days.

If you need to take something for discomfort you may take Tylenol: Do not take aspirin or ibuprofen (Advil, Nuprin, Motrin, etc.).

Do not participate in strenuous activities for 48 hours; i.e., tennis, aerobics, weight lifting, skiing, etc.

If you notice excessive bleeding, swelling, redness, or heat, contact your doctor or Kristen at our office at 718-931-5620 ext 260. If a problem arises after 5:00 pm, you may call Dr. Bernstein at 631-220-8824 or Dr. Kamenetz at 516-582-1345. These numbers are for emergencies only; biopsy results will not be given by calling this number. If you cannot contact the doctor and need further medical attention, go to the nearest emergency room.

The final results of your biopsy are usually available within 72 hours. If your biopsy is performed on Friday, the results may be available in the afternoon on Tuesday or Wednesday. To inquire about your test results, please contact the doctor who referred you for the breast biopsy first. If you are unable to reach the primary doctor for results feel free to contact Dr. Bernstein or Dr. Kamenetz at 718-931-5620.

You can also contact Donna Mazza in the Biopsy Dept. at 718-931-5620 ext 409 on Mondays, Tuesdays, and Wednesdays from 8:30am to 4:30 pm and Thursdays and Fridays from 8:30am to 2:30pm, to see if the results have come in.