



U.D.M.I.
UNIVERSITY DIAGNOSTIC MEDICAL IMAGING, P.C.

CATHETER AFTERCARE INSTRUCTIONS

Do NOT bathe for 3 days. Do NOT shower until you remove the dressing the next day. At that time, leave any Steri-Strips (tape strips) and/or skin glue on and let them fall off by themselves. Also, DO NOT remove any catheter fixation device that is stuck to your skin. You may shower or bathe with the Steri-Strips and/or skin glue on. If they come off, they do not need to be replaced.

Take care not to pull on the catheter(s) when getting up from a bed or chair. If the catheter completely falls out, please call our office in the morning at 718-931-5620 on the next weekday Monday-Friday.

If you notice any fluid (including blood, bile, or pus) leaking out from the skin around the catheter, please contact our office at 718-931-5620 during our normal office hours or your referring physician. If the office is closed and your referring physician cannot be reached, please go to your nearest Emergency Room to be evaluated.

If you notice any blood coming out of the catheter into the drainage bag after 24-48 hours, please contact our office at 718-931-5620 during our normal office hours. If our office is closed, please go to your nearest Emergency Room to be evaluated.

You will likely have mild discomfort/pain at the catheter exit site and you may have a small amount of bruising/swelling at the site. This will likely resolve in 3-5 days.

If you need to take something for the discomfort/pain, take Tylenol. DO NOT TAKE ASPIRIN, IBUPROFEN, ADVIL, MOTRIN, OR SIMILAR MEDICATIONS.

Do not participate in heavy lifting or strenuous activities for 48 hours (e.g., tennis, aerobics, weight lifting, skiing, etc.).

If you have excessive pain (10/10 pain), swelling, redness, or heat at the catheter exit site, or feel faint, dizzy, or short of breath, please contact our office at 718-931-5620 during our normal office hours. If the office is closed, please go to your nearest Emergency Room immediately to be evaluated.