



U.D.M.I.
UNIVERSITY DIAGNOSTIC MEDICAL IMAGING, P.C.

CHEST PORT PLACEMENT/REMOVAL AFTERCARE INSTRUCTIONS

Leave the clear dressing and steri-strips (tape strips) on for 7 days. You may shower the day after your port is placed, but keep the area around the dressings dry and clean. Do NOT take a bath, swim, or submerge yourself in water for 7 days. Allow the skin glue to fall off on its own like a scab. Do NOT try to peel the skin glue off.

If you do not see your referring physician in 7 days, please remove the dressings at this time. If your port needs to be used/accessed prior to 7 days, the nurse can remove the clear dressing and use/access your port for your treatment. After that treatment session, the nurse will place a new dressing over your port site.

You will likely have mild discomfort/pain at the neck and chest port sites as well as a small amount of bruising/swelling. This will likely resolve in 3-5 days.

If you need to take something for the discomfort/pain, take Tylenol. DO NOT TAKE ASPIRIN, IBUPROFEN, ADVIL, MOTRIN, OR SIMILAR MEDICATIONS.

Do not participate in heavy lifting or strenuous activities for 5 days (e.g., tennis, aerobics, weight lifting, skiing, etc.).

If you have excessive pain (10/10 pain), swelling, redness, or heat at the neck or chest port sites, or feel faint, dizzy, or short of breath, please contact our office at 718-931-5620 during our normal office hours. If the office is closed, please go to your nearest Emergency Room immediately to be evaluated.